



## Early Explorers

### *Daily Schedule*

**6:30 AM: Open**

**7:30 AM: Breakfast served**

**8:00 AM: Breakfast Ends**

**8:00 AM: Morning Free-Play**

Morning free play is the perfect opportunity for the Tots to get their morning energy out and socialize with classmates. Free play offers numerous benefits for toddlers, including enhanced physical, cognitive, and social-emotional development. It fosters creativity, problem-solving skills, and promotes physical activity and overall well-being.

**8:45 AM: Diapers and Potty**

**9 AM: Circle Time**

Circle time has many benefits for development such as social skills, creativity, feeling comfortable in group settings, cognitive development, and so much more. During this time a teacher will lead the class in going over: the date, days of the week, months of the year, weather, letters, shapes, numbers, counting by ones and tens, a song of the week (usually including a dance or movements to go along with it), and anything else the teacher sees fit.

**9:20 AM: Snack**

**10:00 AM: Recess (Outdoor Weather Permitting)**

We try to get the kids outside as much as possible! We have lots of ride-on toys, balls, and other play equipment for the kids to take advantage of. These toys and activities encourage gross motor skills along with allowing the kids to experience their environment and nature.

**10:30 AM: Centers**

Centers are individual bins filled with educational toys, games, blocks, etc that promote writing practice, fine motor skills, math, and literacy. The kids are able to choose their own centers to play with for as little or long as they would like. They are asked to clean up their center before choosing another one. This encourages independence and responsibility along with other life skills like time management and how to take care of and respect shared spaces and toys.

**10:50 AM: Lesson**

Lessons will focus on literacy, math, art, and/or fine and gross motor skills. These lessons will go along with our monthly themes and focuses. Our lessons will encourage a variety of learning types including tactile, auditory, and sensory activities along with worksheets.

**11:10 AM: Diapers and Potty**

**11:20 AM: Rotations (If applicable)**

The Tiny Tots will do 1-3 rotations each week covering lots of different subjects such as science, PE, cooking, sensory, theater arts, and music.

**11:45 PM: Lunch**

**12:15 PM: Diapers & Potty**

**12:30 PM: Start Rest Time**

**2:45 PM: Wakeup**

**3:00 PM: Diapers and Potty**

**3:30 PM: Snack followed by free play until Child's pick up time.**

**5:00 PM: Closed**